

June 10, 2026

Good Morning I.S.201! My name is Esther Chen from class 852, and I am here for the Words of Wisdom Wednesday on behalf of the S.E.A.L team.

Today is I Care About You Day, which is a reminder that people notice how they're treated, even in small moments. You don't always know what someone else is dealing with, so how you act can matter more than you think.

Being kind isn't always about big actions. It can be simple things like including someone, speaking respectfully, or not making things harder for someone else. Those choices don't take much, but they can change how someone experiences their day.

It's also about being aware. Paying attention to how your words and actions affect others shows maturity, even when it would be easier to ignore it.

Today is just a reminder that showing you care doesn't have to be a big thing. It's usually the small, consistent actions that people remember.

Like Anne Frank, today's affirmation is: Write my thoughts to make sense of the world.

Thank you for listening and have a Well-thought Wednesday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

