

January 7, 2022

Good morning Dyker! It's Jessica Mesiha from the S.E.A.L. team. Before I get into it, I want to remind you to take out your S.E.A.L. team cheer so that - by the time I'm done speaking we can all say it together. The New Year just started and we all need some motivation for our resolutions, we all know how hard it is gain the motivation needed so don't give up.

Take this three day weekend to re-energize and just relax. Watch a nice movie, read a good book, hang out with your family, maybe even call a friend and check up on them. All these things can get your mind calm and ready for the work ahead. Make 2022 yours and find something that inspires you to do something good!

Now, at this time I want you to recite the cheer with me

Here we go!!

-Recite

That's all for today's S.E.A.L. team summary of the week! I hope you have a spectacular three day weekend.

January 14, 2022

Good morning Dyker!! It's Jessica Mesiha again with the S.E.A.L. summary of the week. At this time I'd like you to take out your own copy of the S.E.A.L. team cheer so that when we recite it at the end of the announcements.

Now, today we'll be talking about a word. This word should be known by most of our eighth graders. The word is philanthropy. For those sixth and seventh graders that have never heard the word – no worries- I'll define it and explain how you can apply philanthropy in your daily lives. This word is normally used in social studies and this is the class where most of us, eighth graders have heard and are familiar with it. We learned in class that philanthropy is when a person is dedicated to spend the rest of their life helping others with education, scholarships, universities, music, fine arts, and/or libraries. We are used to using this when describing industrialists in history like Andrew Carnegie.

Now, that we have a simple definition of this interesting word, I want to explain how we can apply this to our lives. In other words, I want each and every one of you to try to be a philanthropist in your own unique way. Think of something to do to help someone out this week. Our actions show more than our words so we want to do charitable acts or good works that will benefit our society as a whole. We want everyone to be satisfied and assisted with any help they may need so we can be each other's philanthropists.

That's our summary of the week. Please recite the S.E.A.L. cheer with me now.

-Recite

Thank you. Be safe and talk to you next Friday 😊

January 21, 2022

Good morning Dyker! It's Jessica with the S.E.A.L. summary of the week. As always, I want to remind you to take out your S.E.A.L. team cheer so that by the time I'm done speaking we can all say it together!

This past Monday we were off in honor of Dr. Martin Luther King Jr. Day. Dr. King, as you all should know was an activist who had become a leader and a spokesman in the American Civil Rights movement. He spoke against racism and segregation. He was and still is an important figure in US history. He was an inspirational speaker and one quote that I found inspiring was ----“We may have all come on different ships but we're in the same boat now.” This quote basically defines us as a society. We all come from different places all around the world with different cultures and customs but, as different as we all are, we all have the same problems and together we can overcome anything. We should understand that we all entitled to respect and in return we should give it. We also need to work together and help each other!

Now as I previously stated let's read that cheer together! Here we go...

-Recite

That's all for today's S.E.A.L. summary of the week! Have a great Friday, enjoy the weekend.

January 28, 2022

Good morning Dyker! It's Jessica Mesiha from the S.E.A.L. team back for the summary of the week.

Sometimes, I think about how fast the week goes by and I am amazed how we get through it! It really does blow my mind. For today, I want to play a music clip that I hope will motivate you all for the weekend ahead.

(song plays) A Million Dreams

Many of you probably know this song already but, have you taken the chance to break down the lyrics and truly understand what they mean? This song is basically stating that everything starts with a dream. Every possible thing you want, need, or hope for. It all starts with a small dream that one day you will make true. In the song it says that we think of what the world could be, a vision of the one we see, a million dreams is all it's going to take.

A dream is the blueprint of your reality and I want you to let that sink in. Now let's take a second to recite the S.E.A.L. team cheer together!

-Recite

That's all for today! I hope each and every one of you keep what I said in mind, and have a great weekend Dyker!

January 31, 2022

Good morning Dyker! It's Jessica Mesiha back for the S.E.A.L. Team. This week is a special week because tomorrow is a very important holiday! It's the Lunar New Year. I'd like to wish everyone celebrating Chinese New Year a happy and healthy 2022.

Some fun facts about this holiday for those that may not be familiar is that it can be also known as Spring Festival.

Also according to the Chinese zodiac 2022 is the year of the Tiger. People who are born in the year of the tiger are known to be brave, competitive, and confident which is important especially during this time.

During the pandemic people have experienced losses of loved ones, losses of jobs, and losses of businesses. However we need to make 2022 the year where we persevere and rise above it all.

At this time I'm going to play you a little music clip to inspire you to be that tiger.

(song plays)

Be that tiger that bites a chunk out of the negativity and turns it into positivity.

Be the tiger that is fierce and shows no fear. Have the courage to overcome all the adversity that comes your way without being scared.

Now, as always let's recite the S.E.A.L. team cheer together.

Please say it with me!

-Recite

That's all for today's S.E.A.L. announcements!

Have a great day Dyker!

DYKER CHEER

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So we always have effective social dealings

No stone left unturned, no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a
smile

When facing hardships and adversity, the S.E.A.L. Team goes the
extra mile!