

February 7, 2025

Good morning I.S.201! This is Grace Zhang from class 732, here with you on behalf of the S.E.A.L. Team.

Do you ever realize that you are often more excited when you get a handwritten letter instead of an email or text message? Everyone loves when they get letters addressed to them in their mailboxes, but why? Maybe it's because cards are slowly becoming rare. Or maybe it's simply because someone took the time in their busy lives to sit down and write a letter to you.

Gradually, our lives are starting to shift from the originality of handwritten letters to the bright glare of screens. Everything is starting to be based on technology, and finding letters in mailboxes is becoming more and more uncommon.

So, take today to write a thoughtful letter to a special someone in your life. It could be your relative, friend, or even a random stranger. Just the simplicity of sending a positive card written by you is enough to make someone smile.

The affirmation of the day is: “I stay organized and plan my day.”

Thanks for listening and have a Freehand Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

