

June 8th, 2026

Rise and shine, I.S.201! This is William Chen of class 852 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team!

Today, June 8th, is National Best Friends Day, a day made special to recognize and celebrate the beloved friendships that brighten our lives. Whether they're near or far, old or new, best friends help to carry us through our daily lives. Best friends play important roles in our stories; they celebrate our achievements, make us laugh when we need it, and help us become better versions of ourselves. These unique bonds create positive environments and welcome us every passing day. Not only that, National Best Friends Day is also a reminder for us to be good friends ourselves. Small gestures of kindness or words of encouragement can go a long way in showing someone your gratitude and value towards them. As I share this announcement, I do with a mix of nostalgia and thankfulness, marking it my final S.E.A.L Announcement. It has been a pleasure to connect with you all each Monday for the past 2 years. I look forward to the fresh opportunities to come and wish you all a summer filled with incredible times and exciting new chapters.

Like Anne Frank, the affirmation of the day is: I stay hopeful even when life is hard.

Thank you all for being on this journey with me and have a Make Memories Monday!

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

