Good morning! It's Katie, from 831 and I'm here this Tuesday Talks on behalf of the S.E.A.L Team.

Today is May 6th, National Foster Care Day! Each year on this day, we help to spread awareness for children in foster care and spread positive and encouraging messages towards anyone going through something similar.

Foster kids go through rollercoasters of emotions, experiencing hard losses while also learning to adjust to new families.

There are many ways to spread awareness. Maybe you can't get through to a large group, but we can start by telling more of our family members and friends to support those who are struggling! Just like how we should be spreading positivity and awareness about foster care, we can also spread awareness about other issues and conflicts going on at the same time. It's important to be mindful and supportive of everyone and what they're experiencing now.

Thanks for listening and have a Terrific Tuesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

