

September 29, 2023

Good morning everyone! It's Joanna from 851 and I will be with you for our S.E.A.L Summaries this year on behalf of the S.E.A.L Team.

As you all probably know, today is Barbie Day! I'm sure some of you are dressed up as Barbie and Ken with those stunning outfits. It may be the iconic pink plaid dress and blue denim vest, or even better, something creative that you pulled out of your closet!

However, as many of you don't not know, today is also National Brave Day! Today is the day where we stand up for ourselves and others. We strive to try new things and empower others to do the same. Sometimes, something as small as raising your hand to ask or answer a question may take a lot of courage. Today, we gather that courage to do both big and small things, encouraging others to do the same.

Here's a quote from Barbie, "True courage is pursuing your dream, even when everyone else says it's impossible." Like Barbie, stay confident and fearless

Thanks for listening have a Fear Less, Feel More, Be You Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

