

May 22, 2024

Good morning! It's Zia from class 851 here for Words of Wisdom Wednesday on behalf of the S.E.A.L. Team.

We make a big part of our own future. Of course, we take tests and join clubs, and maybe some of that does help us into great schools, which could lead to a "better future", as some people put it. Yet, more than half the time it's about us. It's about the way we think, and the way we put ourselves up to the challenges. Yes, there is struggle, but no one said it would be easy, and this is where you need the confidence.

A wise person once said, "Life shrinks and expands in proportion to one's courage." How you face the tests in life, whether with or without courage, can really change the way life seems. Life can seem small when you lack the courage, but life can also seem incredibly big when you aren't afraid to open up to the possibilities. It takes courage to break down the limiting beliefs that you have about yourself and all the small things that you've held onto for so long that have brought you down.

This quote reminds us that it's up to us to figure out our own future and to take every opportunity we get without any regret or fear of failure.

Affirmation of the day: I will respect the rules and laws of my community.

Thanks for listening and have a Won't Hold Back to Fear Wednesday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

