

May 5th, 2025

Rise and shine, I.S.201! This is William Chen of class 752 here speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team.

Today is May 5th, otherwise known as Cinco de Mayo! Cinco de Mayo is a day that celebrates the legendary Mexican win against the French at the Battle of Puebla, where even though they were lacking soldiers and resources, the Mexican Army didn't give up and their efforts prevailed. On that day, the Mexican army showed strength, dedication, and trying their best, even when things seemed tough or even impossible. Regarding this battle, we get to learn about the importance of resilience and never giving up. As Maya Angelou said, "You may encounter defeats, but you must not be defeated." This quote reminds us that defeats and setbacks shouldn't make us give up on ourselves or be discouraged, as they are only temporary. Keep going even when things seem tough and you never know; maybe that one thing you're worried about might turn out well or you end up succeeding in something you were doubtful of.

Thanks for listening and have a Make a Change Monday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

